



Elä Sinäkin Liikkuu!

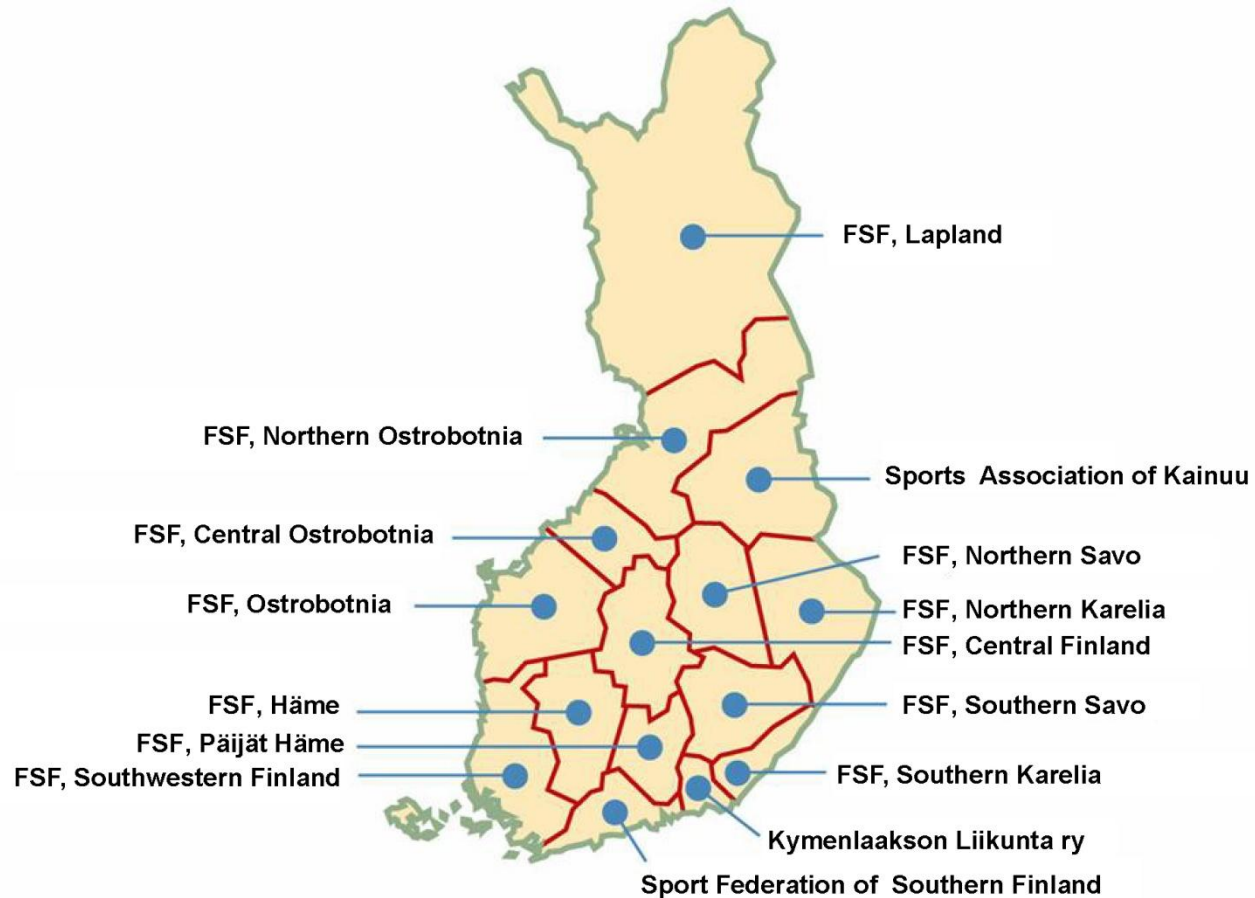
Elä Sinäkin Liikkuu!

Southern Savo Sports Federation

Southern Savo Sports Federation (ESLi in Finnish)

- A non-governmental sports federation
- A member of the fifteen regional organizations of Finnish Sports Federation (FSF)
- Founded in 1998
- Serves as an umbrella organisation for all of its members
- 116 member organisations in Southern Savo
- The values: the forerunner, the joy of sports, team game, Southern Savo, effectiveness
- The mission: Live your life with Sports/ Sports as a part of life for You

The regions of Finnish Sports Federation (FSF)



South Savo Sports Federation operates

- On the local and the regional level; 120 sports clubs and organizations and 16 municipalities
- On the international level; EU countries (Spain, France, Estonia)
 - Youth in Action –program: Youth exchanges
 - Co-operation with St. Petersburg, Russia
- 20 employees

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Our main goals

- To serve and advise members in all sports and leisure issues
- To support and help clubs and organizations to maintain their vitality in the future.
- To contribute to the welfare of people in Southern Savo
- We also operate in our region as a co-organizer with FSF, The Young Finland Association, Finnish Sport for All Association, Finnish Olympic Committee and The Fit For Life Programme.

Activities

- Big sport events: Ruusukävely and Linnanneitokierros (walking or jogging for women), Luonterikierros(cycling), Koko kansa liikkeelle (a walk test, the Cooper test, the InBody test), Iskän kanssa liikkeelle (a sporty Father's Day event), Sporttisirkus and Sporttituisku (diverse school sports events)
- Sport and leisure training and courses
- Summer sport camps for children
- Various projects; Iskussa Inttiin (Getting into shape before entering the military service), Kunnan Juttu (Sports club work for the unemployed), Kyläsportit (Village Sports), Southern Savo Moving Villages
- Schoolchildren's afternoon activities
- Guidance for groups, sporty events for maintaining working ability
- The support and development of sport clubs



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Funding

- State aid (Ministry of Education and Culture)
- Municipality subsidies
- Cooperation agreements
- Membership fees
- Project activities: Involved both in EU projects (funded by ESF and the LEADER programme) and nationally funded projects.

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Main Sponsors



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